



Bluebird Care Bury Newsletter

Providing flexible, dependable caring help – for everyone
No. 27 – September 2011

Flu Immunisation

NHS Bury are about to launch a campaign to remind people of the risks of seasonal flu with the very strong message that **flu does kill and the vaccination does give protection against it.**

Local GPs are urging patients at risk of developing serious complications from flu to get protected.

Complications of flu mostly affect people in high risk groups such as pregnant women, people aged 65 and over and those living with a long term medical condition such as diabetes, heart disease or a bad chest. Carers and those living in nursing or residential homes are also being offered the jab.

Although the majority of normally healthy people will recover from flu within a few days, patients in high risk groups are more likely to have a bad case of flu and develop a serious complication such as a chest infection, bronchitis or pneumonia. Flu is more likely to put people in high risk groups in danger.

So talk to your GP as soon as possible.

Fund-raising

At **Bluebird Care Bury** we are looking raise £2,500 to provide a vital piece of equipment for one of our young customers. This young man has the use of a very special walking frame at his school but is not able to get the benefit from the equipment at home. So Theresa and the team have commenced fund raising activities including car boot sales, online auctions and other charity events. The first event, a car boot sale was almost washed away by the downpour last Sunday but, because the event was clearly very popular – there was even a coach party who arrived as many of the stallholders decided to give up the fight against the weather, we will be holding another event very soon.

Great British Care Awards

We are delighted to announce that Theresa and **Bluebird Care Bury** have been shortlisted in the North West Regional Finals of the Great British Care Awards.

Theresa has been shortlisted for the Home Care Registered Manager's Award in recognition from customers (and their families), staff and care sector professionals with whom she comes into contact each day of the benefits of her work and her passion for her work above the norm.

Bluebird Care Bury has been shortlisted in the Care Employer (under 250 employee) category as it is seen as a home care organisation that treats its customers as people and

not numbers and its staff as individuals and not merely a cog in a machine. The results will be announced at a gala dinner at Blackpool Tower ballroom on Saturday 8th October. So fingers crossed!

Awards for Staff

The **Bluebird Care Bury** Care Worker of the Month award for September was won by Kiran Butt who has been with us for several months. She was nominated because, as a lone worker, she has had to face up to many challenges without the benefit of daily contact with others and has shown great spirit throughout.

Carers' Personal Budgets

The next stage of the Council's roll out of this scheme comes into effect from 1st October when all carers who are in receipt of a Personal Budget should receive a pre-paid debit card that will enable them to pay for the services they require without the need to maintain a separate bank account.

Adult Care Services are holding a forum for care provider companies to update us on progress of the scheme and we will let you know what the outcome of that meeting is in our next Newsletter.

BADDAC

BADDAC is a "not for profit" organisation run by local disabled people to help enhance the lives of local disabled residents. Disabled access consultants provide access audits and advice. They also provide a disability helpline offering advice and information regarding disability; liaise with local council regarding planning and disability issues, and offer Disability Awareness and Equality training. They are based at the Seedfield Centre and can be contacted on 0161 253 6888

Manchester Carers' Forum

Manchester Carers' Forum exists to provide a collective voice for Carers in Manchester. The monthly forum meeting takes place on the first Monday of every month at our offices, London Scottish House, 24 Mount Street, Manchester, M2 3NN. The forum meeting usually takes place between 12pm and 2pm and a finger buffet is provided to start every meeting off. During these meetings, as well as a speaker, Carers have the opportunity to discuss any caring related issues that they want to talk about and listen to the experiences of others who have had similar day-to-day struggles.

For more information please look at their website www.manchestercarersforum.org.uk

We are here to help anyone who needs help with everyday tasks around the home

Our help is totally flexible and designed to meet your exact needs because every customer is unique and special. We are here to help all ages from children to adults and offer care visits at the time and duration of your choice right through to full live-in care. Support can be for short-term needs – recovering from an operation or injury – or longer

term, more traditional support as the alternative to residential care. Whatever your needs we will not let you down.

And if you know someone... who is not satisfied with their current home care provider or they might be thinking that some help in their daily life would be useful please put them in touch with us. There is no obligation on them; just an opportunity to meet Theresa, Joanne or Sylvia to discuss their needs and how **Bluebird Care Bury** can help.

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