



Join the debate to help put a stop to stigma. Pennine Care is conducting a survey to find out what people in the local area think about mental health stigma and discrimination.

We want to hear from a range of different people about what they think stigma is, whether they have experienced it and **what we can do to stop it.**

Stigma can have a significant negative impact on people's lives so it's really important that we understand more about what people think the key issues are and where they need help the most.

If you would like to put a stop to stigma, please complete our survey by visiting:
www.surveymonkey.com/stigmadebate

We'll publish the results of the survey on our website and in local media.

Thanks for taking part.